

SNAPSHOTS

Publication Team



ADVISOR
Past President Senator Do Do So



VICE PRESIDENT Marcella Ho



 $\begin{array}{c} \textbf{DIRECTOR \& CHIEF EDITOR} \\ Vingi \ Ng \end{array}$



FACEBOOK

JCI Hong Kong Jayceettes

WEBSITEwww.hkjtt.org

JCI CREED

We believe . . .

That faith in God gives meaning and purpose to human life;
That the brotherhood of man transcends the sovereignty of nations;

That economic justice can best be won by free men through free enterprise;

That government should be of laws rather than of men;

That earth's great treasure lies in human personality;

And that service to humanity is the best work of life.

JCI MISSION

To provide development opportunities that empower young people to create positive change.

JCI VISION

To be the leading global network of young active citizens.





JUNIOR CHAMBER
INTERNATIONAL
HONG KONG JAYCEETTES

JCI Hong Kong Jayceettes was established in October 1969 as the first lady chapter in Asia and the second in the world. As a female JCI chapter established in 1969, Hong Kong Jayceettes is an excellent platform for women aged between 18-40. Members include entrepreneurs, senior business executives, civil servants, university lecturers, accountants, designers, administrative executives and so on.

The learning experience in JCI revolves around the four Areas of Opportunity (i.e. individual, community, business and international opportunity), which advocates voluntary involvement of members within any of the areas. JCI assembles active citizens around the world, who are individuals invested in creating positive impact within their communities.

Official website: www.hkjtt.org



JUNIOR CHAMBER
INTERNATIONAL
HONG KONG

Junior Chamber International Hong Kong (JCI Hong Kong) (formerly named as "Hong Kong Junior Chamber"), inaugurated in 1950, is affiliated with the worldwide leadership development organization – The Junior Chamber International (JCI). In JCI Hong Kong, we have 21 chapters with over 2,000 members representing a network of highly motivated and forward looking young men and women who are mostly entrepreneurs or executives from a wide range of trade and businesses.

Official website: www.jcihk.org



Message from Chief Editor

We blossom

Time flies and the journey of being the chief editor of SNAPSHOTS has passed halfway during the pandemic period. "Time waits for no one. Treasure every moment you have." I work hard toward the goal I set out this year. Starting up another business, having yoga classes regularly, and nonstop learning new knowledge. Enriching my life!

Green living in Hong Kong

In this issue, we will share some healthy and easy cooking recipes. Some of them are suitable for parent-child activities, and good activities on weekends.

Afternoon Tea Buddies

Spending quality time with friends is important. I enjoy having afternoon tea with my friends. we added a new feature column "Have your afternoon tea buddies" in providing useful information for tea time.

You just need to lay on the couch and enjoy our snapshot!

CHIEF EDITOR

Director Vingi Ng

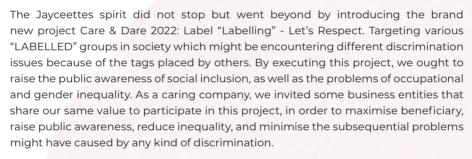
Message from President

Jayceettes Rise and Blossom in building a most high-impact chapter!

Upon writing this piece of message, I am about to complete two-third of my presidency. It has been a very fruitful eight months with my dear members from planning to adjusting, from toning the right direction to execution, I am very thankful to all the efforts and dedication from each and every Jayceettes exemplified by the brilliart milestones so far adhering to our theme this year "We Rise, We Blossom!", as well as echoing the theme "Be the Change" of JCI Hong Kong this year.

Riding on the success from last year, the Jayceettes-initiated project Business on Stilettos 2022: Global Female Entrepreneur Award. This project consists of 13 workshops

where 39 outstanding and erudite entrepreneurs are invited to share their personal experience and knowledge. To support female entrepreneurs in business through this project, in particular to foster business connections and opportunities, rebuild the economy during this difficult economic recession, and build a Female Entrepreneur Hub across the globe.



Besides the news, we also brought one of the Jayceettes-signature projects back this year: The 7th Hong Kong Master of Ceremony Competition. The competition provided comprehensive and relevant training sessions where participants can learn the essential emcee techniques and the attitude. This equipped them for their business' needs as a professional emcee. For individual development, the competition provided an opportunity to participants to develop their self confidence, polish their presentation skills and train their crisis management skills.

It would mean nothing without the tremendous support and witnesses by our members, senior members, Jayceettes signifies passion, persistence and most of all, our indivisible sisterhood. May I also take this opportunity to thank our Honorary Life President, Past President and senior members for the unfailing support all along.

Together, let's continue support Jayceettes Rise and Blossom in building a most high-impact chapter!

PRESIDENT

JCI HONG KONG JAYCEETTES

Jean Yip





Message from National President

"Not all of us can do great things, but we can do small things with great love" – Mother Teresa.

This is how JCI works.

Since I started taking up senior roles in JCI, I have been asked so many times by members, what impact we can make to change the world when we seems to be so small and insignificant? My favourite answer is, we don't need to do big things, but we have to start doing important things. Even if they are small, with faith and our consistency, we can definitely influence others and expand your power.

Love is the trick to make miracles happen. When we do small things with great love, and then we put them together, we can create a big influence. And this is in line with JCI Hong Kong's slogan this year, if we all just leave our hesitation behind, everyone starts to "be the Change", then we can drive much more positive impact.

No one can stop the Jayceettes to bloom and shine, neither the pandemic nor any other challenges. With the love of President Jean, she brings the best out of her members, and I can see you girls are making good progress on creating positive change. Not only for the society, for the chapter, but also for your own self.

During the journey of growth, I am sure that you should have gone through some tough times. But always remember, challenges are inevitable, an outstanding leader can keep calm and stay focus. Never push yourself too hard, a blossom cannot be forced open, be gentle with yourself, and with love and care, you will bloom when you are blooming ready.

Ladies, go ahead to reach the new height! You can do it! I look forward to meeting you to round up and to conclude what we've achieved this year when the year-end comes.

NATIONAL PRESIDENT
JCI HONG KONG
Senator Karen Yeung

Message from Honorary Life President

WE BLOSSOM

2022 promises to be a progressive year of adventures and achievements for all Hong Kong Jayceettes.

The first half of 2022 is already filled with various programs and projects, planning and learning opportunities for all. Within this one year, the entire Jayceettes team will need to learn fast, plan, and execute well to complete their year plan.

Every position in JCI is a learning opportunity for every JCI member. Be it for a local member, for a project chairman, or for the LOM president. By tradition, each Jayceette is new in her job. We have to learn fast and act fast. JCI offers young people to learn and to polish their skills and to ultimately reach the highest level of good leadership. Through JCI training, we learn to be quick, nimble and effective.

This is JCI training in leadership!

We Blossom with our JCI membership!



Senator Jennifer Yu





Message from National Assigned Executive Officer

Be the Change, We Blossom

Under the leadership of President Jean, JCI Hong Kong Jayceettes have done an amazing job and these elegant women have blossomed through the flagship project in 2022.

Business on Stilettos 2022 has escalated to Global Female Entrepreneur Award. It successfully connected 11 chapters over the world from 12 countries. A series of business workshops delivered by business leaders from different industries has been conducted to empower women entrepreneurs.

The 7th Hong Kong Master of Ceremony Competition has provided opportunities to young citizens to rise and blossom. There were several training and sharing by professionals on risk management, critical thinking and presentation skills. And these valuable experiences will be the foundation to pursue their dreams.

Care and Dare 2022: Label Labelling has raised the awareness of discrimination. There were a series of workshops educating us to build right values and to help us release the stress in daily life. A lot of interviews on different parties, including SEN children, LGBT, South Asian, physically disabled, working mum and deaf-mute person etc., have conducted and successfully educated the importance of diversity and inclusion.

All Jayceetes should be proud of themselves for all these amazing efforts they have involved and the positive impact that they have created. We Rise, We Blossom!, they perfectly demonstrated it by action.

Let's Be the Change, I wish JCI Hong Kong Jayceettes all the best and good health in 2022.

NATIONAL VICE PRESIDENT

NATIONAL ASSIGNED EXECUTIVE OFFICER

Philip Cheng



COVER STORY

Rabeea Yeung

WE BLOSSOM
A PROFESSIONAL EMCEE

66

You have to have faith.

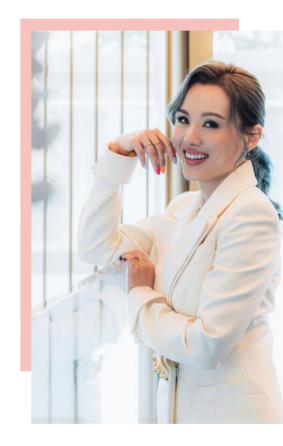
Rabeea, a professional and famous emcee. She was born in Hong Kong and grew up in Canada. Rabeea can speak English fluently. What motivates Rabeea to participate in Miss Hong Kong Pageant? "I participated in Miss Hong Kong Pageant in 2003 in order to meet my idol Mr. Aaron Kwok" Rabeea said happily. After she won the 1st runner-up in Miss Hong Kong Pageant, she started her journey to becoming a TV host and actress.

The Motivation to start her Career as an Emcee

Being a TV host at a famous Cantonese television channel, Rabeea faced many challenges at the beginning. Due to the language challenges,

Rabeea did not enjoy being a TV host at the beginning. She felt frustrated when she needed to remember a lot of Chinese words and to speak fluently in front of the camera. She tried her best to overcome these challenges under great pressure.

Chance comes when she starts hosting an English TV show at TVB Pearl channel. She is then invited to host various brands of live shows or ceremonies using English. She gains lots of confidence by then and starts her career as an Emcee.



The Value of Working Moms. Busy Working Life but Very Fulfilling.

Rabeea had a strong family mindset when she was young, therefore she could adapt to the change of her role easily. When she was pregnant, she worried about the future of her career. She was overly concerned that her clients won't invite her as Emcee anymore, she was blessed that some clients could postpone the event dates. Finally, Rabeea decided to strive for a balance between work and family. "We need to spend time free accompanying our children, even though we are working moms" Rabeea said. The workload of an Emcee is quite flexible. She can prepare her MC scripts at home, which do not take up so much working hours. She can have more time with her children. She enjoys spending time with her children including driving her daughter to school and bringing her son to playgroups every weekday. She is thankful for what she has.

How to Overcome the Biggest Challenges during the Pandemic?

COVID-19 has had an impact on almost all aspects of life. The nature of the emcee industry has been transformed from physical to virtual. The industry becomes more competitive nowadays. "Being a professional Emcee, memorizing the script is not enough, crisis management skill is equally important. Some technical or environmental accidents would occur in live shows or online shows. You have to solve it as quickly as you can professionally. The key is to remember the rundown and scripts before the shows." Rabeea said.

Rabeea worried about her emcee career during the pandemic period. "I had thirteen shows per week during the peak season. During the pandemic period,I had no jobs" Rabeea recalled. In order to overcome these tough situations, Rabeea focused on keeping herself a healthy body by doing more physical exercises. At the same time, she spent more time with her children.

Never Stop Learning

Learning is a lifelong process necessary for self-growth and success. This is true with any path you choose to pursue in life. With that in mind, Rabeea keeps motivating herself. She has a positive attitude. She is inspired by both her work partners and the new generation. She is grateful to see everyone shine on the stage.







"BLOOM FROM INSIDE OUT"

The February Fellowship Gathering with a theme of Blossoming Fragrance was successfully held via Zoom on February 12, 2022 with over 30 Jayceettes and friends. The participants selected three essential oils and made their natural perfume with a unique fragrance in their favorite color. In this 2-hour DIY workshop, they learnt the basic knowledge of aromatherapy and perfume.

NEW PARTNERSHIP FOR JAYCEETTES ACADEMY

JCI Hong Kong Jayceettes continue to expand partnership and joint chapter opportunities with other JCI chapters. This year, our Jayceettes Academy collaborated with Asia and the Pacific JCI chapters including JCI Medan, JCI West Sumatra, JCI Bandar Klang, JCI Targu-Mures, JCI South Key, JCI Cebu Sinulog, JCI Bauhinia and JCI Labuan. More than 10 official JCI courses were organized, and we engaged different members as trainers for our JCI training. Knowledge sharing and ideas exchange is our Leadership Development theme, we aim to let our members have more positive changes and get to know the culture of different chapters.

We organized the JCI Facilitator course, co-hosting with JCI Ocean. We are honored to have our Past President Ellen Chung as our head trainer together with Alyse Chu from JCI Peninsula. We also had Adam Hoi from JCI Peninsula and Dickey Tang from JCI City as assistant trainer. They developed an innovative and new training method to empower and upskill our members as a great leader and motivated facilitator.





Leadership Development



THE 7TH HONG KONG MASTER OF CEREMONY COMPETITION - THE LEGEND OF THE MASTER OF CEREMONIES (司道創變,逆境轉念)

The Hong Kong Master of Ceremony Competition (HKMCC) has been 11 years since the event was last held in 2011. In these 11 years, the Emcee industry has changed with the progress of the times and this industry has become more and more indispensable in every event.

PROJECT CHAIRMAN

Officer Maggie Lau

SUPERVISING OFFICER

Vice President Marcella Ho

DEPUTY CHAIRMAN

Jenny Chan

ORGANIZING COMMITTEE

Director Tegrisco Chow, Director Anna Li, Joey Choy, Miranda Yip

PROJECT ADVISOR

Past President Anny Kwan

OPENING CEREMONY

The HKMCC has the online opening ceremony on April 9, 2022. We are pleased to have our opening ceremony Ambassador Ms. Maggie Chang to call for public's participation, and the sharing of past winners on their career change after winning.

RADIO INTERVIEW BY METRO RADIO

We are invited by Metro Radio to a radio interview on May 11, 2022. The host of interview is Ms. Caca Lam, who is the champion of 2010 HKMCC.

During the radio interview, President Jean Yip gave a brief introduction of JCI Hong Kong and our chapter, followed by the sharing of HKMCC history and the objectives of this year's competition by Project Chairman Ms. Maggie Lau. We were delighted to have Mr. Gary Wong, the champion of 2009 HKMCC to share his experience and the positive impact of joining the competition. Last but not the least, we invited Ms. Patrizia Yeung, Co-founder of our strategic partner La Voix to be one of the guests. Patrizia is winner of the competition in 2011 and joined our chapter afterwards. She is our chapter President in 2016.





Radio Interview by Retro Radio



MC WORKSHOP 1 - THE LEGEND OF THE MASTER OF CEREMONIES: THE ROAD TO THE BEGINNING (司道傳奇: 開端之路)

The first workshop entitled "The Legend of the Master of Ceremonies: The Road to the Beginning" was successfully held on June 11, 2022. Ms. Janice Kau, Co-founder of La Voix, was the workshop trainer. Janice is the former program host of Hong Kong Commercial Radio, an experienced multilingual emcee and speech tutor. During the 3-hours workshop, the participants learnt the basic Emcee technique, the proper Cantonese pronunciation and tones, and understood the important role as a professional Emcee in an event.

MC WORKSHOP 2 - THE LEGEND OF THE MASTER OF CEREMONIES:THE PATH OF TRANSFORMATION

(司道傳奇: 蛻變之路)

The second workshop entitled "The Legend of the Master of Ceremonies: The Path of Transformation" was successfully held on July 2, 2022. Through workshop trainer Patrizia Yeung, the participants got to know how to effectively apply the use of the body language, acquired the multi-person emcee and bilingual hosting skills as well as on-stage crisis management techniques.



MC WORKSHOP 3 - THE LEGEND OF THE MASTER OF CEREMONIES: THE PATH OF STRATEGY (司道傳奇: 攻略之路)

The last workshop "The Legend of the Master of Ceremonies: Emcee Strategy" was held on July 17, 2022. Two celebrity workshop trainers are Ms. Amanda Fok and Mr. Gary Wong. They shared their extensive experience as a professional Emcee and the competition strategy with the participants. Amanda is champion of the first HKMCC. Gary is champion in 2009.

Leadership Development

JUDGING DAY AND AWARD PRESENTATION





















BUSINESS ON STILETTOS 2022: GLOBAL FEMALE ENTREPRENEUR AWARD

PROJECT CHAIRMAN

Director Athena Yip

DEPUTY CHAIRMEN

Tiara Lau, Flora Ng, Yukki Wong

COMMITTEES

Ruby Fu, Vivian Luk, Shane Ng

SUPERVISING OFFICER

Vice President Kelly Lo

PROJECT ADVISOR

Past President Connie Pun





From left: Director Athena Yip, President Jean Yip



Guest of Honor: Dr Bernard Chan, JP, former under secretary for commerce & economic development



Star Ambassador: Ms Coffee Lam, Founder of Coffeesweat



Guest Speaker, Ms. April Lam, Founder, and CEO of Aello Consulting

The opening ceremony was successfully held on April 3, 2022. Over 200 dedicated participants from 16 countries joined the event.

Delightedly, we had HKSAR Under Secretary for Commerce and Economic Development Dr. Bernard Chan, JP as our Guest of Honor and he expressed his appreciation to the businesswomen around the world through his opening speech in the opening ceremony. As well as having Ms. April Lam, Founder, and CEO of Aello Consulting, share with us digital transformation knowledge of a business under the post-pandemic situation.

Business Affairs

POWER WORKSHOP 2 - HER INVESTING: INVESTMENT IN STOCKS AND CRYPTO-CURRENCIES

Our Power Workshop 2 was successfully held on May I, 2022. We have more than 100 participants from 9 countries who benefited from our Workshop. We are honored to have an American guest speaker Ms. Taylor Kwan, Vice President of Ria Financial Planning and Analysis of Ria Financial, to share some tips and advice on the post-pandemic financial planning of a business. We are also pleased to have Hong Kong guest speaker Mr. Henrique Centieiro, Senior Research Manager of Venture Capital with over 4 years of experience in teaching blockchain and Fintech, to give insights into what NFT is and how to create NFT.









Guest Speaker, Mr. Henrique Centieiro, Senior Research Manager of Venture Capital





Guest Speaker, Mr. Sam Cooke, Co-Founder and CEO of Carbon X Global



POWER WORKSHOP 3 - HER SUSTAINING: ENVIRONMENTAL, SOCIAL AND GOVERNANCE

We are honored to have Hong Kong guest speaker Dr. Kate Kwan, ESG Director of ACH Worldwide Limited, and Mr. Sam Cooke, Co-Founder and CEO of CarbonX Global to share business sustainability knowledge with over 60 participants from 12 countries during our Workshop 3, which was held on May 29, 2022. In the Workshop, participants were equipped with what ESG is, how to implement ESG in business, and ESG implementation in overseas businesses.

CARE AND DARE 2022:

LABEL "LABELLING"

PROJECT CHAIRMAN

Director Cheryl Chan

COMMITTEES

Director Tiffany Yam, Janette Chu, Cheri Lau, Grace Lai, Jojo Lui

SUPERVISING OFFICER

Vice President Joee Au Yeung

PROJECT ADVISOR

Past President Senator Maureen Chu Lo



Care & Dare 2022: Label Labelling, Let's Respect OC Team

Hong Kong is one of the most multicultural cities in East Asia but still far from inclusion. From the required survey, apart from the increasing cases of discrimination, it also showed that the awareness of equal opportunities' education steadily dropped from 84% in 2012, 81.8% in 2015 to 60% in 2021. Therefore, Community Development team (CD Team) launched Care & Dare 2022: Label "Labelling" - Let's Respect in 2022 to promote social inclusion and reduce inequality among the public and to spread a message of 'Everyone is unique, I am who I am'. The key topics include Disability, Single Mums, LGBT+ and Minorities.

This project objectives are to increase the awareness of social inclusion; to support and spread the message of "No Labelling, Be Respectful" and to educate the public and promote the importance of equal opportunities.



GUESTS OF HONOR

Mr. Ricky Chu,IDS, Equal Opportunities Commission Chairperson Ms. Karen Yeung, JCI Hong Kong National President

Date	Project Event
17 April	Opening Ceremony
14 May	"Be Yourself' Sign Language Workshop
18 June	June Fellowship Gathering: Drawing Workshop "Speak Out Loud"
Middle of July	Simulated Disabled Persons Training Experience Course
6 August	Closing Ceremony: "I am NOT a Monster" Mini Concert August Fellowship Gathering: Yoga Mindfulness Workshop "Better Me"

Community Development



PROJECT AMBASSADORS
Asha Cuthbert, Daniel Chan, Vivek Mahbubani

'BE YOURSELF' SIGN LANGUAGE WORKSHOP

The event was successfully held on May 14, 2022 through Zoom with around 30 participants. This campaign aims to equip you with basic sign language for communication, so that we can build an inclusive society together. We are pleased to have Mr. Chen Chik Wai as our sign language teacher. This iwas an enjoyable and informative workshop.



Souvenir Presenation to Guest Speaker Mr. Chen by President Jean and the OC Team.



Guest Speaker, Mr Kit Law





Guest Speaker Mr. Chen Chik Wai.



OC Team were holding the workshop in hybrid mode together with guest speaker.

'SPEAK OUT LOUD' DRAWING WORKSHOP CUM JUNE FELLOWSHIP GATHERING

The event was successfully held on June 18, 2022 with 50 participants. This campaign aims to enhance the awareness and understanding of the public towards SEN children. Other than that, all participants knew more about themselves through drawing and painting! We are pleased to have Mr. Kit Law as our teacher. Special thank you to Young Living for sponsoring the event and demonstrating the use of essential oils. This was a very useful and thought-provoking workshop.

OPERATION BROTHERHOOD:

HONG KONG MIGRANT WORKERS

"The brotherhood of men transcends the sovereignty of nations."









In view of the development of COVID-19 epidemic situation in Hong Kong earlier this year, the international affairs team (IA Team) launched a series of initiatives to provide support and care to the people in need, especially the underprivileged families and migrant workers who have limited access to healthcare and supplies in Hong Kong.

The distressed situation of migrant workers has drawn many local and international media attention. Their lack of safe shelters and limited access to healthcare and supplies has posed significant challenges in their recovery, their employment and the community overall.

Through joint-effort with sister-chapter JCI Manila's Operation Brotherhood, we raised funds and donated supplies to the following organisations:

- · local NGOs Bethune House Migrant Women's Refuge
- · Migrante Hong Kong
- Mission For Migrant Workers



DONATION KITS

- 2000+ tablets of cold and flu medicine
- 480 rapid antigen test kits
- · thousands of surgical masks
- · alcohol
- · drinking water
- vitamin C tablets

International Affairs

APRIL FELLOWSHIP GATHERING: DEMYSTIFYING NFT & CRYPTO

PROJECT CHAIRMAN

Director Connie Kwan

Riding on the trend of NFT and cryptocurrencies, we joined hands with JCI Manila on April 23, 2022 to host a workshop on this hot topic. With two Filipino and one Hong Kong industry expert as our keynote speakers, the event drew 100+ attendees from 10+ countries. One step forward to fostering a truly diverse and inclusive community for emerging tech adoption!





FUNDRAISING CUM MARCH FELLOWSHIP GATHERING:

WELLCATION CHALLENGE

PROJECT CHAIRMAN

Dodo Lam



Building on the 17 United Nations Sustainable Development Goals (SDGs), the organizing committee designed a 7-days program with 27 challenges that aims at taking care of ourselves, our communities and our mother nature. The event was successfully held online on 26 March 2022, and the 7 days campaign was finished in early April.

Corporate Communication

UPHOLD THE BRAND IMAGE OF JCI HONG KONG JAYCEETTES

We specially organised leisure hiking activities during the New Year. A relaxing New Year hiking tour (聚「會」鬆一鬆之初 三聯會行山團) was jointly co-hosted with JCI Harbour, JCI Dragon, and JCI Lantau on February 3, 2022 to celebrate the year of Tiger and increase the bonding of our members. Another leisure gathering was known as Relaxing Happy Hour (聚「會」鬆一鬆之歡樂時光) was jointly hosted with JCI City on June 23, 2022. A lots of Jayceettes members and friends enjoyed these leisure activities and received lots of positive feedback.



New Year hiking tour (聚「會」鬆一鬆之初三聯會行山團)



Membership Affairs and Extension

CONNECT AND COMMNICATE ARE THE KEYS TO INCREASE THE SENSE OF BELONGING TO THE CHAPTER

The membership affairs (MA) team organized a fellowship gathering during the Lantern Festival (新春元宵佳節慶團圓) on February 15, 2022. We were happy to have our President Jean Yip to teach us how to make simple lucky ingots using used red packets. A casual chit-chat gathering was organized on May 15, 2022. Our fellow Jayceettes also shared some behind the scenes stories to the participants. This was a fun and enjoyable experience for our fellow members.

To support this year's "Members 100" program, the MA team launched two prospective members orientations (PMO) on February 27, 2022 and May 31, 2022. We were delighted to have Past President Naomi Chan and Past President Do Do So as our honorable speakers. The MA team would like to extend the sincere gratitude to both president presidents. More PMOs will be organised, let's invite more friends to join our Jayceettes family.





Relaxing Happy Hour (聚「會」 鬆一鬆之歡樂時光)



PMO Honorable Speaker, PP Naomi Chan, with theme of "Breakthough"



PMO Honorable Speaker, PP Do Do So, with theme of "Explore your Potential, Exude your Charisma"



Monthly Fellowship Gathering

January

INAUGURAL CEREMONY



PROJECT CHAIRMAN Rebecca Seto

Febuary

BLOSSOMING FRAGRANCE



PROJECT CHAIRMAN Officer Rika Sin

March

FUNDRAISING PROJECT - WELLCATION CHALLENGE



PROJECT CHAIRMAN Dodo Lam

April

DEMYSTIFYING NFT & CRYPTO



PROJECT CHAIRMAN Director Connie Kwan

May

YOU CAN BE YOUR "MUSICIAN", LETS PICK YOUR "DIRECTION"



PROJECT CHAIRMAN Christmas Chiu

June

'SPEAD OUT LOUD' DRAWING WORKSHOP



PROJECT CHAIRMAN Director Cheryl Chan

SNAPSHOTS | 27

Hello from the other side,

"A friend is one who overlooks your broken fence and admires the flowers in your garden (but definitely not the butterflies!)". It's pretty hard to trace back when did we get to know each other, or maybe we never actually did lol. I didn't expect that I could have met someone like you when I first join the Jayceettes family; I could just be myself when we hang around (I am not a very emotional person, so this is as good as it gets).

I still remember the other time when we went to the Hong Kong Disneyland together under the red rainstorm warning signal, we had so much fun and enjoyed a great time though we were completely soaked from head to toe. I guess we could hardly experience such crazy moment again riding the roller coaster in the rain, despite the bitter twist of fate in life which might bring us up and down like it did!

I am glad to have you in my Jayceettes journey and I hope we could keep it beyond the JC boundaries. Remember that you will always have us on your back, cause that's what a friend supposed to do!

My pen is blue, my friend is you. XOXO

Cheers, Tiffany

Hello from the other side,

Still remember our first conversation was I accidentally bumped into you on the street, at that time we barely know each other's name and would know we can be close friends. At first I had reservations about talking to you, as you always have a poker face like an iceberg. But over time as we get to know more about each other, I find many things we have in common, like the same age, have a sister, similar mindset, love drinking, music taste... etc. And you are very kind hearted friend, still remember one time u brought dinner for us and you remembered all our eating habit and preferences, I was literally shocked!

And the fun fact is, until now, we haven't done any project together yet! But it doesn't matter as long as our friendship last!

My pen is blue, my friend is you. XOXO Cheers,

Phoebe

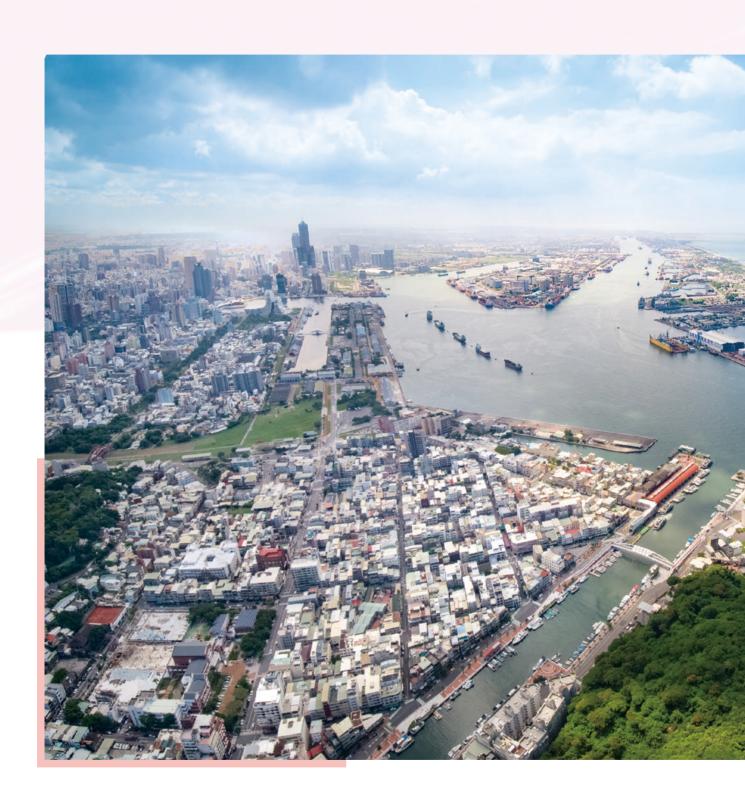
Sisterhood Stories











Sister Chapter Stories

"IF YOU COULD ONLY STAY IN KAOHSIUNG FOR A DAY, WHAT ARE THE BEST THINGS TO DO AND SEE?"

Night markets in Taiwan are well known for visitors. Same in Kaohsiung here! Their diverse food is always at affordable prices and delicious. Let's see our Kaohsiung food with the top 3 that you must eat!



KAOHSIUNG MAIN PUBLIC LIBRARY

You may wonder if Hong Kong has lots of libraries too, but the Kaohsiung Main Public Library is not quite the same! This library is one of the most popular attractions for visitors. It's a wonderful place to spend half a day here! It has a garden on the top floor, using glass walls, and is surrounded by green, a unique architectural style. With fresh air, a vast array of books, quiet and clean area, you will not regret visiting there definitely.

Credit: housefun.com.tw



THE PIER - 2 ART CENTER

Take a long break, broaden our horizons, and experience something new are the meaning of travel. if you agree with me, follow my footprint.

The Pier-2 Art Center was a forgotten warehouse before, but now become one of the most successful cultural and creative parks in Taiwan. It's a paradise for visitors, with a variety of public artworks, handmade stores, and markets on weekends. Slow down and enjoy different shows and artwork there.

Credit: cktravels.com



KAOHSIUNG LIGHTHOUSE

Lastly, an amazing place for sunset sight viewing needs to share with you. It's located at the top of Mount Ki-au, and part of the lighthouse was rebuilt in Baroque style. Looking down, you can see the entire Kaohsiung Port. With some wildflowers, it's a good photo-taking spot especially when the ships enter the port. After the sight viewing, you can walk slowly back to the coast and enjoy the coastal view at the end.

Credit: https://agoda.com/Kaohsiung

Credit: pinterest.co.uk Credit: blogspot.com

Sister Chapter Stories



GANG YUAN BEEF NOODLES

Gang Yuan beef noodle is not the same as the beef noodles I have tried in Taipei before. This broth has a very tangy taste with a cinnamon flavor. The beef is juicy and tender, not tough. The noodles are quite thick and firm, not over mushy and soft after soaking in the broth a lot of time. It is such a mouth-watering dish you must try!

Credit:www.livingnomads.com



RICE CAKE CITY

A very special local food you should try when you are in Kaohsiung. They serve sticky rice with meats, cucumber, and pork floss. Some restaurants may serve it with soup and steamed fish, a very unique taste not similar to usual, sweet and salty, in a great balance of flavors.

Credit:www.livingnomads.com



OYSTER DUMPLINGS

Another finger-smacking food needs to share with you. Oyster Dumplings are dumplings with oysters inside, and they are deep-fried. So the outside is very crunchy, the inside is very juicy, and tastes great! Let's try it!

Credit:www.livingnomads.com



JANETTE CHU

Hi everyone, it's great to be a part of Jayceettes. I am Janette, a marketer who've always been fascinated with fashion industry, being a people person I like working with people for people. For as long as I'm in the fashion marketing industry, I will always be learning and never get bored.

Aromatherapy is also my absolute favorite! Turning my passion into an aromatherapist, I have started an E-shop called FORREST Aromatherapy, that assist people on their journey of discovery and healing through essential oils.

Hope to see you soon, a big hug and a big kiss to you girls!



JOEY CHOY

Hello I'm Joey. I'm so grateful and pleasure to be part of Jayceettes this year. After assisted in the February Fellowship Gathering, I can definitely feel how Jayceettes give warmth, support and encouragement. It is really exhilarating to work with an efficient team, also satisfied when successfully organizing an event that every participant enjoys. Therefore, I decided without hesitation to be the organizing committee of the flagship project – The 7th Hong Kong Master of Ceremony Competition, It is much more challenging and fun, thank you for all the guide and love that I received, hope you all will keep to support our team and this extraordinary project, can't wait to see how it will be worked!

Looking forward to creating more memories with you all in the future. I believe it will be a wonderful journey for me!

New Members



RUBY FU

I'm Ruby. My occupation is Events and Design Business. I am delighted to join the Jayceettes family, which a place fill with love, joy and amazing ladies. Through the few projects working with the Jayceettes girls, not only I'm inspired by their willingness to dedicate their personal time to work on meaningful projects that create positive change to the society, but also I'm motivated by their "can-do" spirit.

Looking forward to learn and grow with you all together.



SHANE NG

A highly motivated aspiring entrepreneur. I born in Hong Kong with background in interior design and furniture production, then moved to Hawaii and Oregon for education.

I consider myself a highly passionate and philosophical person. I believe everything is worthy of observation, and I always try to remain as unprejudiced as I can to new things. After all, new things are all around us. Change is ubiquitous, and it can happen in any area or field, at any given time, to anyone. ."

I joined JCI as a channel for me to expand my network with like-minded female entrepreneurs. I would like to use this opportunity to build my project management skills and hopefully can spark my creativity in using some of these skills in my own businesses. As a Jayceette, I feel that I am contributing to the collaborations of many extensive projects and am learning how to coordinate with people from all parts of the world. My future goal in JCI is to build different networks with people who already owns businesses and who are interested in building one to share our knowledge so that it because somewhat of a support group for understanding the current economy atmosphere.







2022 Senior Member Club





OUR COMMITTEE MEMBERS

CHAIRMAN

Senator Candy Yu

IMMEDIATE PAST CHAIRMAN

Catherine Leung

SECRETARY & TREASURER

Cindy Lui

VICE CHAIRMEN

Irene Chan, Stella Woo, Tracy Lau, Vivian Yeung

EX-OFFICIO

Immediate Past President Vincy Wong

ADVISORS

Past President Senator Kathy Woo Past Chairman Senator Alvina Lam

The theme of this year is "綽約多姿, 活力無限".

May I wish our senior members can keep on with a good health together with full of energy whenever we are. To align with my theme, the first half year of events were held:

- Wellcation + CNY Get Together (新春團拜) was held on Feb 12th. 21 members were participated Wellcation and 39 members joined CNY Get Together via Zoom. Event Chairman Stella and MC Tracy created full of happiness atmosphere.
- 2. On May 22, "綽約多姿尋寶行" was taken in Tai Tam Reservoir with 25 participants and luncheon was held in "On the Spot" with 32 members joining. Thanks Event Chairman Irene arranged a nice restaurant with delicious western food.
- 3. "陶藝書法刻字班" which was held on Jun II and I8. Grateful thanks to PP Caroline Keung for co-ordination to speaker. Also thanks for Event Chairman Cindy let us had a great time in both weekend.



Junior Chamber International Hong Kong Jayceettes 2022 Organization Chart of



PP Senator Connie Pun PP Senator Muruen Chu Lo PNP Senator Alice Liu PP Senator Wimie Tsang PP Senator Wimi Lam PP Senator Wimi Lam PP Senator Do So

IPP Vincy Wong PP Senator Margaret Tang Senator Candy Yu







Vincy Wong



Jean Yip



Honorary Legal Consultant Dr the Hon Moses Cheng GBM, GBS, OBE, JP

Fan, Chan & Co. Limited

NVP Senator Philip Cheng*





PP Senator Do Do So*





NIPP Senator Winnie Yeung*





Rycho Zhuo

Rain Ho

Marcella Ho

nbership Affairs) Helen Yau

munity Develope Joee Au-Yeung

Kelly Lo





Administration Tiffany Yam

Director (Publication) Vingi Ng

Development)
Tegrisco Chow

Director (Membership Extension) Connie Kwan

Phoebe Ng





Emma Cheng

















usiness Affairs) Athena Yip



Community Development		Leadership Development			Business Affairs			Corporate	Membership Extension	Membership Affairs	International Affairs		Treasury	Records & Recognition	Secretariat	Month								
										PMO	Jayceettes TV		Virtual Celebration with Sister Chapters'	Membership Dues Collection	Release of Award Manual	Inaugural Ceremony (8 Jan)	January							
				New members training & project management							Day Date Jayceettes	Co-host JCI official course with JCI Kaohsiung					February							
		Opening Ceremony							Cohort Event					Fundraising cum MFG		Release of Administration Handbook	March							
Opening Ceremony	င္ပ		Б			Opening Ceremony					Jayceettes TV	IA MFG				Quarterly Review	April	2022 Year						
Workshop 1	Care & Dare Campagin	MC Training 1	LD Project: Master of Ceremony Competition			Workshop	ВА	Јаусе	Јаусе	Јаусе	Јаус	Јаус	Jayc	Јаусе		PMO	Day Date Jayceettes	ASPAC Conference Sakai Takaishi					Мау	r Plan of J
Workshop 2	oagin	MC Training 2		of Ceremony Comp		Jayceettes	Workshop	BA Project: Business on Stilettos	Jayceettes Phoenix Boat Team								Mid-Year Review	June	Plan of Junior Chamber International Hong Kong Jayceettes					
		MC Training 3 + Final & Closing Ceremony	peition		Jayceettes Academy	Workshop	n Stilettos	t Team	Joint Chapter Event		Day Date Jayceettes						July	er Internatio						
Workshop 3 + Closing Ceremony						Closing Ceremony					Jayceettes TV						August	nal Hong Ko						
															Long Year Service Appreciation	50th Annual General Meeting	September	ng Jayceett						
				New members training & project management						PMO	Jayceettes TV	53rd Anniversary IA Reception					October	es						
				LOTS Training Camp							Day Date Jayceettes	World Congress Hong Kong	Grand GMM of Sister Chapter JCI Manila				November							
													S	SNAF	Christmas Party Cum Awards Resentation	TS 3	December							

Little Chef x Green Living

Rather than giving your child snacks or candy, why not make some healthy food together as a family activity. It's also a great learning experience. We have several recipes to share, it's easy and tasty! Let's see what we have got. Enjoy cooking at home!



STRAWBERRY LIME SMOOTHIES

Let's start with a pink drink! It's hot now, so having a nice cold smoothie is a great idea to cool down! Prep/Total Time: 5 min Makes 3 Servings

Ingredients

- * 1 cup strawberry yogurt
- * 1/2 cup 2% milk
- * 2 to 4 tablespoons lime juice
- * 2 tablespoons honey
- * 1/4 teaspoon ground cinnamon
- * 2 cups fresh strawberries, hulled

Directions

* Process all ingredients in a covered blender until smooth.

Prep/Total Time: 10 min Makes 4 Servings

CHICKEN RANCH WRAPS

A simple dish with
easy preparation again!
Let your child wrap all the ingredients
with tortillas, or change the ingredients
they want.



Ingredients

- * 8 thin slices cooked chicken
- * 4 flour tortillas (6 inches), room temperature
- * 1 large tomato, thinly sliced
- * 1 medium green pepper, cut into thin strips
- * 1 cup shredded lettuce
- * 1 cup shredded cheddar cheese
- * 1/3 cup ranch salad dressing

Directions

* Place 2 slices of chicken on each tortilla. Layer with tomato, green pepper, lettuce and cheese. Drizzle with salad dressing. Roll up tightly.

GARLIC TOAST PIZZA

Wanna have a little bit savory in the afternoon? Mini pizzas are a great choice for you, you may still choose the ingredients you want, or just try our recipe first!



Prep/Total Time: 15 min Makes 8 Slices

Ingredients

- * 1 package (11-1/4 ounces) frozen garlic Texas toast
- * 1/2 cup pizza sauce
- * 1 package (3-1/2 ounces) sliced regular or turkey pepperoni
- * 2 cups shredded part-skim mozzarella cheese

Directions

- * Preheat the oven to 180 degrees. Place Texas toast in pieces and put them in the baking pan. Bake 5 minutes.
- * Spread toast with pizza sauce; top with pepperoni and cheese. Bake until cheese is melted, 4-5 minutes longer.



Here is a healthy and sweet treat for you. It is better than having ice cream after dinner. Enjoy and have fun with this!

Prep Time: 15 min+Freezing Makes 10 Pops



- * 10 plastic or paper cups (3 ounces each)
- * 2-3/4 cups fat-free honey Greek yogurt
- * 1 cup mixed fresh berries
- * 1/4 cup water
- * 2 tablespoons sugar
- * 10 wooden pop sticks

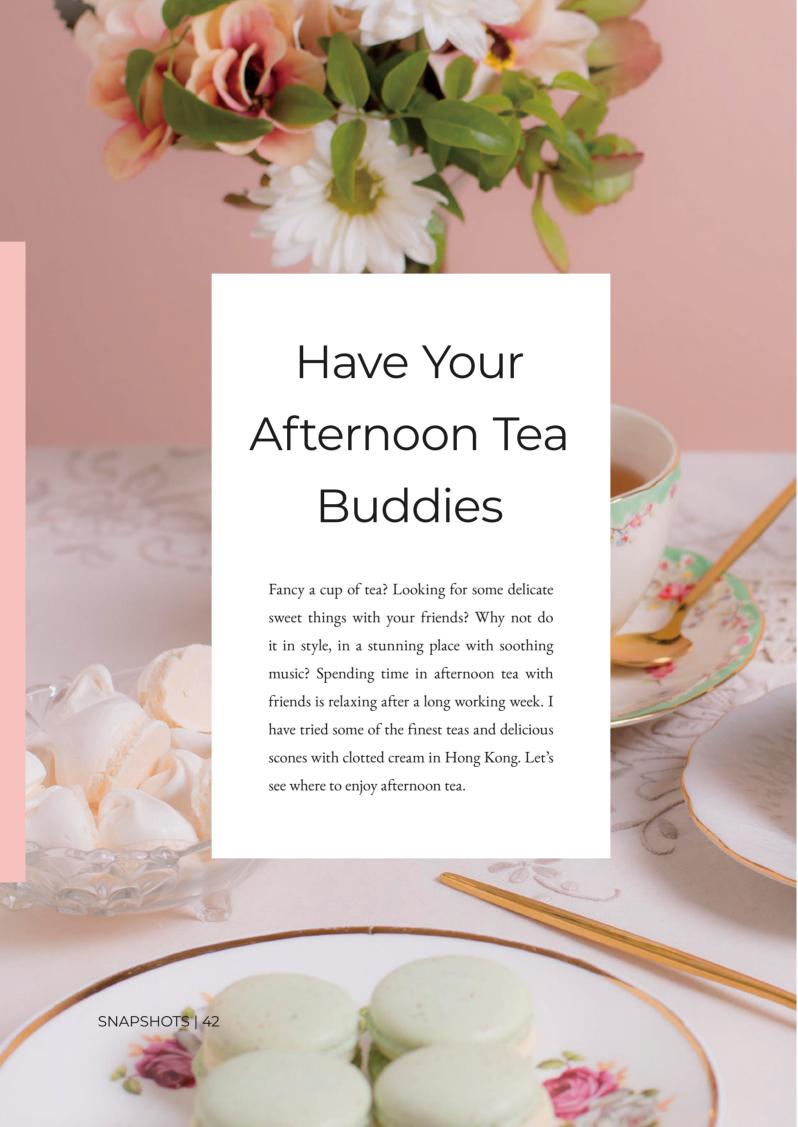
Directions

* Fill each cup with about 1/4 cup yogurt. Place berries, water and sugar in a food processor; pulse until berries are finely chopped. Spoon 1-1/2 tablespoons berry mixture into each cup. Stir gently with a pop stick to swirl.

*Top cups with foil; insert pop sticks through foil. Freeze until

firm.







THE BUTTERFLY ROOM AT **ROSEWOOD HOTEL**

It's one of the most difficult afternoon tea rooms to book, at least one month before booking the table. But it is worth it, their pastry and savory are served nicely and tasty. Must put it on your to-do list!

Address: Rosewood Hong Kong Victoria Dockside, 18 Salisbury Rd, Tsim Sha Tsui

MADAME FU

Madame Fu is located in a stunning 1880s colonial building in the Tai Kwun heritage compound. One of their signatures is the pink room. It's very "IGable "and elegant. And their tea sets are of high quality and satisfactory, and the menu changes regularly.

Address: 3/F, Barrack Block, Tai Kwun, no.10 Hollywood Road, Central District, Hong Kong





CLIPPER LOUNGE & CAFE CAUSETTE AT MANDARIN ORIENTAL

Having tea in the clipper lounge has never been disappointed. Their highlights are the Vol-au-vent, mini sandwiches, and famous rose petal jam with a classic scone. Their food is of a high standard, a cozy space to chat with friends!

Address: 5 Connaught Road Central , Central, Hong Kong

THE PIER 1929

It's located on Wan Chai pier. You may enjoy your afternoon tea with a calming sea view. The sea views are marvelous; you will feel like escaping from the city for a while. They serve with a welcome drink -Rose champagne, and some of their paste and savory can refill too .Their price is reasonable and they have nice service, you need to reserve a table in advance.

Address: 2/F, Wan Chai Ferry Pier, Hong Kong



Have Your Afternoon Tea Buddies



AMMO

If work makes you feel a little more exhausted than usual, a good place I have to share with you. Ammo is in a lusty green surrounding, grab a cup of tea and take a good rest. Highgrade quality afternoon tea and a quiet place should be your choice.

Address: Asia Society Hong Kong center, 9 Justice Road, Admiralty

CAFE 100 BY THE RITZ-CARLTON, HONG KONG

Well, if you are not interested in a sea view, or botanical gardens, let me share the place with a spectacular 360-degree view of the landscape. Enjoy your afternoon tea with the stunning view of the city, what a chill day!

Address: Sky100, 100/F 1 Austin Road West, International Commerce Centre, Tsim Sha Tsui





OUR PURPOSE WHO WE ARE

We are distillers and dreamers, creators and caretakers, farmers and family. We uplift and enhance lives around the world through nature's living energy-essential oils.

How to be a Young Living Member?



Join us!

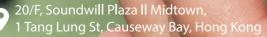


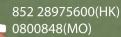












Acknowledgement

CHAPTER SPONSOR

Torakaro Licensing Consultancy Limited

DIAMOND

Jean Yip, 2022 President

EMERALD

Senator Jennifer Yu, Honorary Life President, 1988 JCI President and 1973 President

Senator Do Do Do, 2022 Presidential Advisor and 2017 President

SAPPHIRE

Senator Karen Yeung, 2022 JCI Hong Kong National President

Senator Winnie Yeung, 2022 JCI Hong Kong National Immediate Past President

Senator Candy Yu, 2022 Senior Member Club Chairman

Senator Maurice Leung, 2014 JCI Island President

RUBY

Philip Cheng, 2022 National Assigned Executive Officer, National Vice President

Senator Daisy Lui, 2022 Hong Kong Alumni Club Chairman

Senator Caroline Keung, 1990 President

Join Us Now







2022 AUG