

Honorary Patron: The Hon. Elsie Leung, GBM, JP Chapter Patron: Vision 2008 Limited









2015 Issue 2

#### **Feature Interview**

A Healthy Dosage of Self-awareness Interview with Under Secretary for Food and Health

#### China's One Belt One Road

The Silk Road Expedition in Gansu, China

First-ever Hong Kong Young Social Entrepreneur Contest Innovation, Creativity, Entrepreneurship

Hand in Hand, This's Ability

#### **Golden Heart**

**Empower 17 Million Cerebral Palsy People** 

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#### JCI CREED

#### We Believe

- That faith in God gives meaning and purpose to human life:
- That the brotherhood of man transcends the sovereignty of nations;
- That economic justice can best be won by free men through free enterprise;
- That Government should be of laws rather of men;
- That earth's great treasure lies in human personality;
- That service to humanity is the best work of life

#### **JCI Mission**

 To provide development opportunities that empower young people to create positive change

#### **We Vision**

To be the leading global network of young active citizens



### President Message

Dear Jayceettes and Friends,

As our slogan Care to Aspire, Dare to Inspire (常關懷 • 敢行動) says, year 2015 is a caring and daring year with an attitude to aspire for, and inspire our members with, new value of personal development, leadership development, community affairs, international affairs, which not only echo well with JCI Vision and Mission, but also generate positive energy and sustainable solutions in the society.

With this vision, we showed our strong commitments to members' value in participation ("VIP") through the launch of "Jayceettes Miles", a brand new membership incentive program comprised of a fun-to-participate mile calculation scheme that enables full members and prospective members to learn and earn at the same time.

To maximize the value of our members and given their growing inclination to identify opportunities that are more closely related to career or business development, the First "Jayceettes Academy" was established in early 2015, offering a myriad of practical training opportunities and defined trainings as an attitude to inspire instead of merely an idea of being trained.

To empower more members to be active citizens of the locality, we went the extra mile in achieving the United Nations Millennium Development Goals by bringing together the mastermind of youngsters in formulating the active citizen framework. The "Hong Kong Young Social Entrepreneur Contest 2015", a new innovative flagship project, was held to provide the first opportunity to secondary school students in Hong Kong to address social issues and evaluate the impact by formulating social enterprise business models. In the meantime, courtesy visits were held to get in touch with those in need in the society and our community campaign "Hand in Hand, This's Ability"

continued to address urgent social and economic problems.

2015 marked the 100th year of JCI Movement and we exemplified the



Awarded the Best Outstanding Chapter President (COM) at 50th National Convention.

influence of internationalism through the collaboration with JCI Manila in Golden Heart to help alleviate the problem of lack of medical treatment of cerebral palsy children in the Philippines, and raise public awareness of one of the most marginalized and yet most common childhood disabilities in developed and developing countries.

With concerted efforts across all spectrums, we have sailed ourselves into uncharted territories thus far with great success. The positive feedbacks from our members, partners and friends are the best testimony of our ever enterprising and daring spirit for a positive change. When there's a will, there's way. As my Chinese name " \(\frac{1}{2}\) \(\frac{1}{2}\) " suggests, I am pleased to deliver what had been promised, established new platforms and reinforced our foundation together with all my beloved area advisors and board mates throughout. With appreciation of the past and a constructive attitude to our future, I believe we have delivered a clear and consistent message of Care & Dare, a slogan and a positioning I set since 2013.



The red and white concept with board holding different items highlighted that Earth's Great Treasure Lies in Human Personality. Our greatness came from our uniqueness.

Past President Caroline Keung's calligraphy of 無 盡 藏 (Endless Treasure). JCI can be a treasure full of self-actualization opportunities. Those with the caring and enterprising attitude will benefit the most, as opportunities are not to be taken easily without giving.



The meeting with Under Secretary for Food and Health Professor Sophia Chan, former Jayceette, was a warm and inspiring dinner of achieving the achievable in a way that are most relevant to the current social needs of Hong Kong.

#### Message from ...

#### National President Senator Anthony Leung

It is the time of year again when we have our anniversary. Old friends meet, achievements reviewed, promises made and new leaders elected. This time last year, I was busy preparing for election, so were all chapter presidents. Together with our board members, we have committed to the cause of serving the community. Years later when we look back, we will be proud of what we have done and the sweet memories that accompany.

This year is the 100th anniversary of the JC movement and I am glad to see outstanding projects held by different chapters. The projects "Hong Kong young Social Entrepreneur Contest" and "Care & Dare", organized by JCI Hong Kong Jayceettes, remind us of the motto of JCI that "service to humanity is the best work of life" and are well received by the public. The work of this year's board has definitely set a high bar, but I believe JCI Hong Kong Jayceettes will always strive for the better. This year is also the 65th anniversary of JCI Hong Kong. I would like to take this chance to thank JCI Hong Kong Jayceettes for your support of JCI Hong Kong. Congratulations to president elect and her board of directors. I wish JCI Hong Kong Jayceettes every success in the year to come.

#### **Anthony Leung**

National President Junior Chamber International Hong Kong



#### Message from ...

## National Assigned Executive Officer Senator Matthew Li

Time flies, it comes to the last quarter of the year. I can feel the passionate and team spirit among BOD of directors and all members of Hong Kong Jayceettes in the past 10 months under the great leadership of President Naomi.

JCI is an organization not only providing opportunities to youngsters to create positive change but also make sustainable impact to our community. I would like to share some points of view towards "the future of progress".

When we think about the future, we hope for a future of progress. That progress can take one of two forms: horizontal / extensive progress or vertical /intensive progress.

Horizontal progress is easy to imagine because we already know what it looks like. Vertical progress is harder to imagine because it requires doing something nobody else has ever done. While this concept applies to organize JC projects, we can scale up the project size which benefit to more peoples or doing new things to create more impacts to the community.

I believe that Hong Kong Jayceettes did apply this mindset while project planning and execution. The satisfactory results in National Convention this year have proved that all. I encourage JCI Hong Kong Jayceettes to have innovative projects in the near future!

Continue the spirit! Let's action with appreciation for the future!

**Matthew LI** 

National Honorary Treasurer Junior Chamber International





## JCIO PESPITATION P

Awarded Best UN MDG Award, Most Outstanding Chapter President (56 to 90 members) (COM) and Best Chapter of the Area (56 to 90 members) (COM), 7 ICIHK Networker Awards in total

## ACTO

Baby Senators 2012 President

Pauline Lau Congratulations.

#### Congratulations to Hong Kong Jayceettes in 50th National Convention on 11 to 13 September



Congratulations to National President Elect & 2013 National Assigned Executive Officer Senator Brian Kwan and National Community Director Designate Dodo So and a year of Be All We Can Be in 2016.

#### **First Timer Corner:**

The National Convention was eye opening and the Awards Presentation was certainly the highlight of the weekend. Fellow Jayceettes and JCl members, all donned in gowns and evening wear, were enthusiastically socializing and high spirited in anticipating the evening's results. I was happy, grateful and proud to share award moments with the rest of the chapter, as it was well-earned recognition for President Naomi and Jayceettes award winners' hard work this past year. Especially being a part of the Hong Kong Young Social

Entrepreneur project that won one of the awards, I believe attending the National Convention can be a great motivation to propel forwards and pursue greater accomplishments for the coming year. Congratulations to the Chapter and to the Business Affairs team once again!





### 43rd Annual General Meeting and Successful Election of 2016 Board of Directors



President Elect Patrizia Yeung in election

With nine months of aspirations and inspiring initiatives, 2015 Board of Directors reported the fruitful results at the annual general meeting (AGM). President Naomi expressed her vote of thanks to all past presidents, senators, members and friends within JCI, and most importantly the board which set aside their many priorities to create positive change in the society. 2016 Board led by President Elect Patrizia was successfully elected. Our deep gratitude goes to over 100 members and guests for the support and encouragement throughout the year.



JCIU

43rd Annual General Merius and all regions of the state of the

2015 Board of Directors reporting in AGM

## A Healthy-dosage of Self-Awareness for WOM



'Health is not only physical,' Professor Sophia Chan, Under Secretary for Food and Health and formerly a Jayceette, greeted us with a broader definition on health, as she sat down for an interview with JCI Hong Kong Jayceettes. 'But there are also psychological and mental health which are equally important. Whether you are in a good mood or being anxious all the time accounts to how healthy you are.' So, how can modern professional women take care of their health through daily habits, lifestyle and diet?

#### Health Starts with the Mind

Professor Chan further enlightened us by pointing out that the key to stay healthy, in fact, starts with the mind. It is a sense of self-awareness that enables us to stay healthy. First, we have to acknowledge the fact that certain causes of poor health are unavoidable, such as air pollution, passive smoking, food with MGS, etc.

'Hong Kong women are generally not very aware of their own health conditions,' she said. 'And that is a pitiful phenomenon.' It is not until we become aware of health that we would start taking action to maintain good health.

#### Risk factors for poor health

Professor Chan then listed out FOUR risk factors which attributes to poor health among women. They are, namely, smoking, alcohol consumption, unhealthy diet, and a lack of sports and exercises. First, there is a worrying increase in female smoking. Second, most alcohol contains carcinogenic ingredients which pose threats to health. Third, the exceeding amount of salt, sugar and fat in daily diet gives rise to the number of women suffering from obesity and heart diseases. The fourth factor is insufficient physical exercises.



#### Tips for exercising

Apart from advising women to abstain from smoking and drinking, Professor Chan also provides the following tips for busy working women to engage in more physical exercises so as to stay in good shape:

- When taking bus, get off one stop earlier and walk to the destination
- When driving, park further to walk some distance
- 3. In the office, try stretching the legs by raising them under the desk

President Naomi (left) · Dr. Sophia Chan (middle) · Sunny Chan (right)

#### Incentives for promoting health

'Everyone needs incentives,' the Professor said thoughtfully. She reveals the government's incentive for establishing the Committee on Reduction of Salt and Sugar in Food which aims at meeting WHO's standards. 'By adjusting the formula of seasonings and drinks, we hope that would reduce people's daily intake of salt and sugar.'

As for her own incentive for promoting anti-smoking with undimmed passion throughout the years, Professor Chan emphasized on the benefits of knowing and sharing knowledge. For example, it would be too late to quit smoking only after suffering from diseases caused by smoking. Had the smoker known the consequences earlier, s/he would not have had to struggle so hard.

#### A message to potential smokers

'What many people don't know about smoking is,' the Professor stated clearly. 'It is more a physiological behavior than a habit. Once being hooked, it is hard to guit as the nicotine gives pleasure.' Therefore, quitting smoking is a progressive process made up by small steps.

Perhaps not only female smokers, but every woman needs to have a dosage of self-awareness, in order to stay healthy.



Jayceettes awarded the certificates upon completion of the 1.5 hour charity walk, an international awareness campaign with 70 countries participating for gynecological cancer.

#### \_et's Get Healthy!

Miss our event and wanna stay healthy for a good cause? Hong Kong Jayceettes will be supporting the following event and welcome to contact us if you are interested to join:

Event: Hong Kong Cancer Day 2015

Date: Sunday, 13 December

Venue: Kowloon Park

Nature: a 30-min performance to call for greater care of cancer prevention

Enquiry: Vice President Rosanna Wong or Officer Linda Choi

(rosanna.wong@hkitt.org/linda.choi@hkitt.org)



JCIHK National President Senator Anthony Leung, National Executive Vice President Exo Zenith Lin, 15 Jayceettes supported the event, with JCIHK winning the bronze award of participation.



Jayceettes and nearly 800 participants walking hand-inhand from the Chater Garden to the Central and Western District Promenade.



Famous actor Carina Lau calling for greater awareness of women's health and breast cancer.













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#### Hong Kong Young Social Entrepreneur Contest 2015

#### bagged Best Local UNMDG Project Award

#### 全港中學生創意社企大賽 2015 榮獲「最佳 UNMDG 工作計劃」大獎



HKYSEC was the FIRST Social Entrepreneurship Competition for Secondary School Students in Hong Kong. Co-organised with the Business-School Partnership Programme of the Education Bureau, HKSAR Government, the Contest attracted MORE THAN 700 PARTICIPANTS and GENERATED 75 Innovative Business Ideas - tackling UN MDG and preparing for SDGs (Sustainable Development Goals) in another level! Our three-year partnership with UNESCO enabled us to sustain and promote the importance to create a better world.



Five teams were shorlisted in the final competition held on 28 June



The Closing cum Award Presentation Ceremony was held in the afternoon on the same date, attended by over 300 participants.



The winning team became the first group of New Stars of Social Entrepreneurs among secondary school students in Hong Kong.



President Naomi receiving the award with Project Team.

After learning and experiencing the true value of social innovation since March, finalists showcased their SE business proposals which addresses an array of social issues - from poverty, women empowerment to environmental protection. Panel of judges from Government body, NGOs and local SEs considered their proposals as viable and very innovative. The judges presented some challenging questions to the students yet were astonished to hear many innovative ideas from the teams. Results were then announced at the Award Presentation session after judges' evaluation.

#### Winning teams attracted media exposure from newspaper and radio interviews

#### **Radio Interview**

#### Metro Radio 新城電台

Interview was held on 24 June 2015

Guests on air:

Platinum Sponsor Herbs Generation Mr Jimmy Wong, President Naomi & Vice President Patrizia

#### DBC 數碼電台

Interview was done on 21 July 2015

Guests on air:

Top three winning teams & Vice President Patrizia

#### **Newspaper Interview** -

#### Ming Pao 明報

Interview was done on 6 August 2015 with President Naomi & Chairman Samantha Coverage released on 14 August 2015

#### WenWeiPo 文匯報

Interviewed on 4 July 2015 with President Naomi, Chairman Samantha and the Champion team



The winning teams were given internship opportunities in local social enterprises and made friends with other young leaders.



#### Jayceettes Academy is a brand new series offering

training opportunities to members allowing them to explore development possibilities, acquire knowledge & skills. It not only created positive change on members but also provided a platform for inspiring others.

#### **Initiation**



Five Chapter Joint Academy held in August with 4 other chapters including JCI Victoria, JCI Kowloon, JCI Island and JCI Peninsula that empowered baby trainers to be JCI official course trainer of other JC members.



**Course Design** 

Chairmanship





Discussion of the definition of effective leaders.

Leadership Opportunities

We are pleased to present the results upon conclusion of the Jayceettes Academy

180% increase in the number of qualified trainers this year.

Around 20% of full members become qualified trainers.

More than 50% of trainers have more than two JCI official course qualifications.



Many trainers gave us positive feedback towards Jayceettes Academy.

Sunny Chan from Hong Kong Jayceettes

The camp offered a lot of practical skills and tips which are useful in both the workplace and social interactions. The intensive programs also provided an excellent learning opportunity to be a good team player through various group activities, and to understand ourselves better as per the type of person we

are and the best way to communicate with each type. It is a very enriching experience both practically and socially, and the handouts are informative and substantial as well. Thanks to this camp, I am equipped with more communication skills that are essential to my chairmapship in the June MFG.



Trainee Sunny Chan used training skills of being Chairman in June Fellowship Gathering

Wai from JCI Victoria

hank you so much for great arrangement and training.

#### Sarah from JCI East Kowloon

"Train the Trainer 3.0 Programme" has been the best training experience I have ever had! With Senator Joseph Ho as the Head Trainer, the camp was well designed and prepared. The training sessions, held by Head Trainer and other experienced trainers, were grounded in both theory and practice. These have made up a fabulous start for my training journey. Also, thanks to the Organizing Committee for the nice accommodation and catering arrangement. My compliments to Jayceettes!

## Asia Pacific Conference (ASPAC) Sabah

Around 70 members from both chapters, with JCI Executive Vice President Natalie Viselli as Guest of Honor

Presentation of the calligraphy written by our Past President Caroline Keung for celebration of the friendship

40th Anniversary of JCI Hong Kong Jay

2015 ASPAC was held between 11 to 14 June in Kota Kinabalu, Sabah, Malaysia. Together with 6 first-timers, 18 delegates of JCI Hong Kong Jayceettes participated in the opening ceremony, trainings, national parties, award ceremony, gala dinner, etc. We had meetings with all of our sister chapters and friendship pacts and many outstanding JCI leaders and delegates around the globe!

One highlight of the trip was the celebration of the 40th Anniversary of Sisterhood with JCI Yokohama during the ASPAC in Sabah. It is our honor to have invited JCI Executive Vice President Senator Natalie Viselli as Guest of Honor, along with National President Senator Anthony Leung and NOM Officers as our witness.

We had also exchanged souvenirs. We exchanged a piece of Chinese Calligraphy " 結盟四十載, 青商情永在 " written by our 1990 President Senator Caroline Keung to celebrate our friendship along JCI Movement.



18 Delegates and NAEO Matthew in ASPAC



#### **History Corner:**

On 11 September 1975, JCI Hong Kong Jayceettes signed a sister chapter relationship with JCI Yokohama, upon the first meeting at JCI President's banquet in 1974. Over the past 40 years, two chapters had cooperated in numerous projects for youth education, environmental awareness and rescue relief through cultural exchange and project collaboration.

#### Let's hear what our first timers said about ASPAC

#### Queenie Ng

ASPAC not only gave you the chance to meet lots of JC members from all over the world, it also strengthened the bond among Jayceettes and members from sister chapters. I hope to visit Sabah again and I look forward to the next ASPAC.



#### Vicki Chan

Besides, the JCI Award Ceremony I attended served as an ideal platform for me to know more different outstanding projects in Asia. In their projects, we can see what stakeholders overseas chapters focus on and the community issues that concerned them. For example, our sister chapter JCI Manila has a project which helps saving the



Cultural experience in Japan Night of ASPAC



## Golden Heart Project

Collaborating with JCI Manila, the Golden Heart Project aims to raise awareness for children with Cerebral Palsy. With the kind support from our members, we had donated two wheelchairs to be used by Cerebral Palsy children to gain primary education and acquire job skills at the Special Education Centre opened in late August.

The Project Symposium was held at Manila Ocean Park on 28 July 2015, with over 300 audience including Cerebral Palsy children, their parents, JC members and top-notch doctors from different countries. President Naomi delivered her greeting message and shared the acupuncture treatment and possible development paths of Cerebral Palsy children with the audience upon interviewing a Registered Chinese Medicine Practitioner (HK) Dr. Arthur To in June 2015.



Visit of a Cerebral Palsy child that needs special medical treatment.



Handover ceremony of wheelchairs and medical supplies to JCI Manila in Hong Kong

We had raised HKD7,650 for this project for 2 Wheelchairs and presented in Manila during the Project Implementation in July and also presented in JCI Hong Kong Office while JCI Manila External Affairs Vice President Nino Namoco and Director Joaquin Esquievias and team travelled to Hong Kong in August.



Presentation of Chinese traditional acupuncture treatment for cerebral palsy children to families in Manila which are seeking more affordable methods.



Special thanks to the following donors of the 2 Wheelchairs.

#### HKD900

Jacqueline Kung

#### HKD600

Past President Senator Caroline Keung

#### HKD500

- Honorary Life President Senator Jennifer Yu,
- Past President Senator Kathy Woo,
- Past President Senator Winnie Tsang,
- Senator Ally Lai,
- Alvina Lam,
- Robin Saunders

#### HKD300

- Past President Senator Florence Wong,
- Past President Senator Phyllis Chan,
- Past President Senator Wimi Lam,
- Past President Senator Mariana Ng,
  Honorary Secretary Rachel Ng,
- Ida Chow,
- Doris Leung,
- Betty Chan,
- Cosina Chan,
- Catherine Leung

#### HKD150

Rebecca Leung

#### **FACTS ABOUT CEREBRAL PALSY**

Cerebral palsy ( 腦 麻 痺 , CP) is a group of disorders that affect a person's ability to move and maintain balance and posture. 17 million people suffered from cerebral palsy, and 1 in 500 babies suffered from such disorder. There is no cure for CP, but early treatment can improve the lives of those who have the condition. Hence, the awareness of parents and the public are the key focus of the project collaboration, as it is always the parents who notice the symptoms.

In the Chinese society, most relied on traditional medical treatment such as acupuncture, which is more affordable but in Manila, western treatment are more commonly used due to a lack of expertise of Chinese traditional medical treatment. Upon interviewing Dr. Arthur To, a registered Chinese Medicine Practitioner working in The University of Hong Kong, there was almost a 10-year vacuum in CP research in Hong Kong and our efforts in Golden Heart was significant in raising awareness of one of the most common and yet marginalized child disorder, and brought hope to children suffering from CP.



Hand in Hand, This's Ability Inclusion Day. (員途友您 ♥ 傷健共融樂滿 Fun 日) was held on July 26, 2015 at the HK PHAB Association, being the climax of the project. The Inclusion Day was successfully held on 26 July 2015 at Pokfulam PHAB Camp with around 200 participants, with Mr. Stephen Sui, JP, Under-Secretary for Labour & Welfare as our Guest of Honour and TV celebrity Ms. Sharon Chan as our Ambassador.

The project has enhanced awareness for the public to pay more attention and concern to people with disabilities (PWD) with love and care. If people can walk one step further, to accept equal opportunity, eager to lend a helping hand and to share more compassion, the world sure would be a much happier place to live in.



Booths enabling people from different sectors to appreciate and understand the talents of people with disabilities.



Astounding support from entrepreneurs and leaders from all sectors of the society.



Experience of the difficulties in mobility through simulations.



Media interview at Metro Radio.



Sign language performance spreading the message of love and respect.



Disabled employees sharing his journey of self-empowerment with employers.



Renowned photographer Roger Wan shared his perspective of photography to our members and his students.

Champion of the phototaking competition for inclusion.

#### Snapshots of previous events of the campaign:

Phase 1 -2 Hand in Hand, This's Ability Photo Workshop(員途友您♥傷健共融攝影工作坊)-June 23, 2015, followed by Hand in Hand, This's Ability Photo Competition (員途友您♥共融攝影比賽) held from June 1 to July 10, 2015.

ICI GLOBAL

2015

Written by: Carol Yeung, 2015 JCI UN Affairs and External Relations Committee Member for Asia & the Pacific, and JCI Hong Kong Jayceettes Immediate Past President



"The power of the SDGs are that they are universal, they require responsibilities and action by all businesses, they need action by all people, young and old." - Rajiv Joshi, Managing Director of The B Team (Speaker, Opening of the 2015 JCI Global Partnership Summit)



Introducing the topic of "Taking Charge of the Sustainable Development Goals





Hong Kong Delegates at the Summit - (Left to Right) - Carol Yeung; 2015 JCI Treasurer Senator Ken Wong; 2015 JCI Hong Kong National Executive Vice President Senator Ronald Kan; 2015 JCI East Kowloon President Jessica Lee



2015 JCI UN Affairs and External Relations Committee Members from The Americas, Asia and the Pacific, Europe, and Africa and the Middle East



Panel discussions by Global Entrepreneurs and AIESEC President



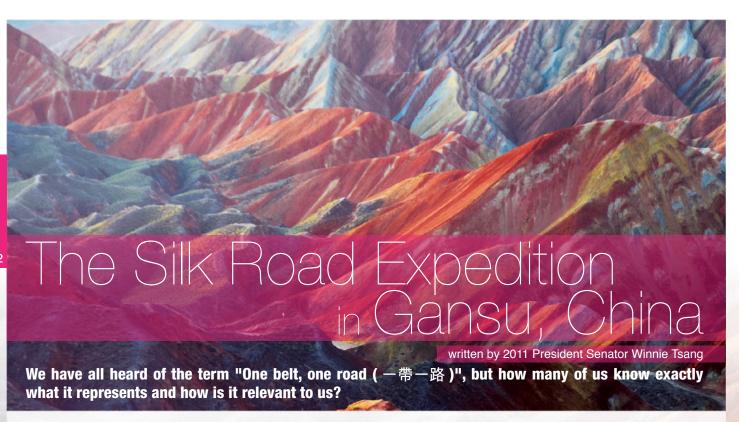
Delegates from around the world actively discuss the 2015 JCI Global Partnership Summit Resolutions



JCI in collaboration with the UN Millennium Campaign introduces of the Global Youth Empowerment Fund, a fund to financially support grassroots project and business startups that advance the post-2015 SDGs. The full launch will be at 2015 JCI World Congress Kanazawa, Japan.

During the four day summit program, delegates enjoyed many presentations ranging from global entrepreneurs to UN representatives of various offices such as the Secretary-General's Envoy on Youth, UN Foundation, UN Women, UN Millennium Campaign, and also met with JCI partners such as AIESEC and Kiwanis. Apart from active learning and discussion about the SDGs, some delegates also got to participate in the JCI Interactive Poverty Simulation, a simulation that provides a glimpse into the day-to-day realities of life in poverty. It was a true privilege to take part and hope more Asia Pacific members can grasp the opportunity to attend in the future.

Stay tuned to future initiatives from Hong Kong Jayceettes!



"One belt, one road", a development strategy started by the Chinese government in 2013, refers to the New Silk Road Economic Belt (一帶), which will link China with Europe through Central and Western Asia, and the 21st Century Maritime Silk Road (一路), which will connect China with Southeast Asian countries, Africa and Europe. The initiative calls for the integration of the region into a cohesive economic area through building infrastructure, increasing cultural exchanges and broadening trade. Many of the countries that are part of this are also members of the China-led Asian Infrastructure Investment Bank (AIIB).

JCI Hong Kong Jayceettes was invited by The Liaison Office of the Central People's Government in the HKSAR (香 港中聯辦) to join the Silk Road Expedition in Gansu, China (中國甘肅) from 9th to 15th June 2015 in exploring the New Silk Road Economic Belt. Together with 1989 President Connia and 1998 President Phyllis, I was thrilled to take part in this trip. There were totally 53 professional ladies from various NGOs participating, including entrepreneurs, solicitors, accountants, doctors and officers from large women NGOs. Dr. Rebecca Lee (李樂詩博士) was the Group Leader, Madam Liao Xun of The Liaison Office was the Advisor and Past President Connia was appointed as one of the Deputy Secretary General of the group. The purpose of this expedition would be to encourage communications between professional ladies in Hong Kong and Mainland China; an understanding of New Silk Road Economic Belt development strategy; to experience and to understand the Northwest of China in terms of culture, history and construction development.



Although the Silk Road starts from Xi'an (西安) and extends to Europe, our trip stayed within Gansu Province. From East to West, we had been to Lanzhou (蘭州), Wuwei (武 威), Jinchang (金昌), Zhangye (張掖), Jiuquan (酒泉), Jiayuguan (嘉峪關) and Dunhuang (敦煌). We travelled through Gansu Province by coach and the scenery along the way was mainly the Loess Plateau (黃土高原), Gobi Desert (戈壁沙漠) and Qilian Mountains (祁連山). Tourist attractions we visited include part of Yellow River that runs through Lanzhou; the sculpture of Yellow River Mother; Leitai Tombs of Han Dynasty (雷台漢墓) where one of the funerary artifacts, the Bronze Galloping Horse was found, and which became the symbol of Wuwei; Rainbow Mountains (七彩舟霞); Jiayuguan Fort, the beginning of the Great Wall of China where it guarded the western boundary of Ming Dynasty; Mingsha Shan (鳴沙山); Crescent Lake (月牙泉); and Mogao Grottoes (莫高窟). One of the highlights would be to visit Jiuquan Satellite Launch Centre (酒泉衛星發射中心) which is not open to public. At the Launch Centre, not only we got to see the launch site and launch tower very closely, we also visited the quarter of the Chinese astronauts where they lived, had trainings, health checks as well as meeting up with The President and government officials of China just before the launch.



PPs Phyllis Chan (left) · Connia Chu Lo (middle) · Winnie Tsang (right)



While I am fascinated by the history, culture and geographic features of our Motherland, I am most amazed to see the development of Gansu Province in terms of economy, technology and environment. Although Gansu is still considered to be one of the poorest provinces in China, we saw numerous infrastructure developments in this trip, including high-rise apartments, new international airport in Lanzhou comparable to the one in Hong Kong, roads and highways that goes all the way from China to Europe. Most of Gansu's economy is based on mining, extraction of minerals and oil fields. Jinchuan Group based in Jinchang is producing 90% of China's output of nickel, is the largest and 3rd largest nickel producer in Asia and in the world respectively. Tourism also contributed immensely to Gansu's overall economy. The Gansu government is doing extremely well in preserving the great history and protecting the historical sites by allowing only electric buses to operate in these sites. Gansu province is also rich in renewable energy resources, so we saw fields of Wind Farms as well as Solar Panels along the Silk Road. China, already a leader in almost all forms of renewable energy

> technologies, is likely to continue with its massive push to expand its renewable energy capacity base. More amazing is that China is actually turning desert into farm land! Apart from sustaining the living of the farmers, it also helps in maintaining agricultural production in the desert. China has been planting a "great wall of trees" in the Gobi Desert since 1978 to stop the advancement of the desert in the province and to lower the level of dust storm intensity in cities like Beijing. Countries like Australia and Africa are learning from China in this regards.

"Better to travel 10,000 miles than to read 10,000 books" (讀萬卷書不如行萬里路). The development of Gansu province is beyond my expectation. While China is taking every step in advancing its influence to the world in terms of economy, technology and environment, what are we doing in Hong Kong? How can Hong Kong take part in the One Belt, One Road strategy so to maintain its competitive edge over other major cities in China?



#### JUNE FELLOWSHIP GATHERING

Chit Chat Cha (S.O.S.) Sharing of Sabah

JUN **27** 

Chairman: Sunny Chan OC: Krystle Fong and Cally Wong



A warm gathering with ASPAC sharing.

#### **JULY FELLOWSHIP GATHERING**

**SMART & CHIC, GET GLOWING** 

Chairman: Winnie Wong

OC: Davina Wong, Kitty Leung, Nikki Ho and Phoebe Ip





A full-house workshop in which everyone enjoyed the Korean make-up styles of day and night!

The theme "Smart & Chic, Get Glowing" suggests the ways to become smart and chic in your

workplace and daily life. In order to look smart and presentable, simply a touch of make-up can transform you with a radiant and charming look!



Those who finished the makeup were given instant phototakina.

#### AUGUST FELLOWSHIP GATHERING

#### **RUNNING MAN!**

Chairman: Carmen Mak OC: Pinky Chiu, Vicky Kwan and Vicki Chan





The first time for a gathering to be organized by four board of directors in the form of a series of games

carried on with reference to popular Korean TV show "Running Man"! Our Fun Games Sessions had put our creativity, communication skills, team work and luck into test and all members and new friends celebrated the end of the summer with fun



#### SEPTEMBER FELLOWSHIP GATHERING CUM LONG SERVICE APPRECIATION CEREMONY

TIMELESS MISSION

Chairman: Linda Choi OC: Dorothy Tam, Sandy Luen, Winnie Ng and Vivian Yeung



Without years of dedication and vision of our members, we would not have attained such success for 46 years. A warm and touching night when almost 80 members including Honorary Life President

Senator Jennifer, past presidents, senators, members and representatives from LOMs shared timeless items that represented the best of their times.



Past President Joanne Li



Honorary Life President Jennifer



Past President Peggy

Sharing of timeless items and recognitions of long years of dedication.

#### 2015 3RD PROSPECTIVE MEMBER ORIENTATION

#### **DISCOVER OPPORTUNITIES AND PERSPECTIVE**

"Discover Opportunities and Perspective" was successfully held on 31 July 2015. We had 14 new friends joining us this evening and great thanks to National Honorary Treasurer & National Assigned Executive Senator Matthew Li and Past President Senator Winnie Tsang for their inspiring sharing!





#### Senior Member Club

In the midst of SMC's 10th anniversary celebration, the committee members of SMC devoted themselves to offer each and every senior member a remarkable and unique year.

Also, we would like to promote a healthy and pleasant lifestyle to our senior members who are at a vivid stage of life, as it is especially vital to attain a rich and enjoyable living. In order to echo with this idea, the committee has established "Unleash Our Spirit - 綻放身心靈 " as the theme of this year. Our theme logo appeared as a blooming flower, meaning everyone can unleash their spark and inspire people around.

#### Petula Wong

Senior Member Club Chairman

#### China Tour " 溫泉美食之旅 "- March 21-22



#### Courtesy Visit to JCI Kaohsiung SMC - July 17-20



#### **UPCOMING EVENTS**

**OCT 25** 

"綻放身心靈" 靜心日營

**NOV 21** 

10th Anniversary Celebration & Handover Ceremony "花姿招展拾年情"

#### **Taste of Planting – February 1**



#### **Go Healthy, Live Happy - May 15**



#### 8.29 Summer Fiesta 問誰領風騷 – August 29



### Welcome to our Family!

#### Krystle Fong



I joined JCI Hong Kong Jayceettes quite accidentally through a friend at work. As a newbie of Jayceettes, I really had limited knowledge of the chapter besides the existence of a group of passionate girls with an active involvement in a variety of projects. Not much later I participated in an MFG and met many members who were all like my

sisters. That was where I was inspired by their abilities and aspiration towards positive change in different aspects of life.

I believe Jayceettes is a great platform for continuous self improvement through project management. I look forward to participating in the JCI Movement by conducting more meaningful projects from today onwards!

#### Davina Wong



I have heard of TOYP for a long time, yet I didn't really pay attention to the organizer of this well-known award. Not until there was one chance I

got the opportunity to attend orientation organized by Jayceettes early this year, I started to realize this long-history global organization is indeed very well structured with an inspiring vision. At first I was attracted by the interesting opportunities to organize different events and workshop for members. However, after participating in several projects, I met a lot of young professional working ladies who are passionate in serving the community. I am fascinated by this powerful belief and strong bonding between all JCI chapters in HK, not to mention other JCI chapters all around the global, you can imagine how powerful the positive impact we create to the world and the next generation. It's more blessed to give than receive, I truly believe by helping others, we help ourselves.

#### Kitty Leung





Appreciate the chance for being one of the organizing committee members of two Monthly Fellowship Gatherings in 2015, where I have met many talented girls with great mind! These are valuable and rewarding experiences. The passion and bonding among Jayceettes are 'infectious', I am hoping to meet every one of you along my cruising here in this big family.

#### Shirley Lai This February, PP Winnie Yeung referred me and my best friend, Kitty to join Prospective



Member Orientation. This was my first encounter with JCI Jayceettes. In the orientation, I was deeply impressed by strong bonding of members and committees, so I was determined to be part of the organization. After taking part in a few projects, I believe JCI will be a wonderful platform to expand my social circle, enrich my voluntary experience and sharpen my leadership skills.

#### Haze Wong



It was a precious experience to join JCI in my life. This is a good platform to explore the world and interest.

I learnt a lot from being an organising committee of Jayceettes BA project this year. Looking forward to creat more unforgettable and meaningful experience with our passionate girls here.



Winnie Wong

I joined Jayceettes with the curiosity in exploring what JCIHK and Jayceettes are and how members can benefit in joining them. With the half-year exploration journey with Jayceettes, through participating in the July member fellowship gathering & Flagship Project Hong Kong Young Social Entrepreneurs Contest 2015, learning the JC

values and also meeting new friends,

I am impressed with how this environment motivates me to become a better person and contribute to the society.

I am glad to be the member of the Jayceettes family, let's work together and shine!

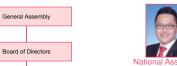
#### ORGANIZATIONAL CHART OF JUNIOR CHAMBER INTERNATIONAL HONG KONG JAYCEETTES 2015

Chapter Affairs & Public Relations Records and Recognition Membership Affairs Finance & Treasury International Affairs Leadership Development & Business Affairs

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Past President Senator Winnie Tsang\*

International Affairs

Vicky Chan







PP - Past President IPP - Immediate Past President \*No Voting Right



Vice President Leadership Development & Business Affairs Patrizia Yeung



Leadership Development Vicki Chan



Samantha Kong \*



Carol Yeung

Kannie Au



Pinky Chiu



lopment



Membership Affairs & Vicky Kwan



Public Relations Public Relations Linda Choi\* Dora Leung\*



Emily Wu\*



Aubree Wai\*



Hong Kong Jayceettes Trust Fund Committee PP Senator Alice Liu (Chairman)

Long Range Planning Committee IPP Carol Yeung (Chairman)

Senate Screening Committee PP Senator Peggy Yen (Chairman) Senior Member Club Senator Petula Wong (Chairman)

Chairman of M&AA Ad Hoc Committee PP Senator Alice Liu

Chairman of the Ad Hoc Committee on Trust Fund Committee's Term & Operation PP Senator Shirley MK Chan

Vivian Yeung\*

#### YEAR PLAN OF JUNIOR CHAMBER INTERNATIONAL HONG KONG JAYCEETTES 2015

Month Area	January	February	March	April	May	June	July	August	September	October	November	December
Secretariat	Inaugural Ceremony	Amendments to Memorandum & Articles of Association							43rd Annual General Meeting			
Records & Recognition								Long Service	e Appreciation ar Awards Manual	Award Judging	X'mas Party cum Awards Presentation	
Finance	Release of Sponsorship Package			Promotion of JCI 100th Anniversary Hoodies	Fundraising	Mid-year review of finance						
International Affairs	ASPAC Video Campaign	Promotion of ASPAC & New Year Dinner		JCI Taiwan 1st Bid Book Workshop and Courtesy Visit of JCI Kaohsiung		ASPAC Sabah & Sister Chapter Courtesy Visits	International Project Collaboration in Golden Heart with JCI Manila	Promotion of World Congress		Anniversary Sister Chapter & Friendship Pact Reception	World Congress Kanazawa, Japan	
					National Study Tour to Beijing	National Study Tour to Gansu			National Study Tour to Yan'an			
Publication	Snapshots Express		Jayceettes Connect			SNAPSHOTS Issue 1	Jayceettes Connect			Publication Workshop & SNAPSHOTS Issue 2		
, abilitation	Snapshots Express	e-SNAPSHOTS										
Community Development		Courtesy Visit to Local Community  Community Development Project: Hand in Hand, This's Ability								Courtesy Visit to Local Community		
Membership	Monthly Fellowship Gatherings, Jayceettes Miles Incentive Program and monthly birthday emails											
Affairs		PMO			PMO		PMO				PMO	
Leadership	Jayceettes Academy (from JCI Fast Track Courses, Train the Trainer to 5-chapter Joint Academy)										LOTS Training	
Development				Training 1			Training 2					
Business Affairs	Busin	ess Affairs Project: Hong Kong Young Social Entreprenuer Contest 2015										
Information Technology	IT Review	Update of News on Website & Social Media										
Public Relations	Jayceettes Yearly Calendar	Courtesy Dinner with LOCPG				Courtesy Dinner with Under Secretary for Food and Health			Supporting Globe-athon			Supporting Hong Kong Cancer Day

<sup>\*</sup>LOCPG refers to Liaison Office of the Central People's Government in the Hong Kong S.A.R.
\*PMO refers to Prospective Member Orientation

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\*ASPAC refers to JCI Asia Pacific Conference
\*LOTS refers to Local Organization Member (LOM) Officer Training School

## Editorial Publication is branding, is opportunity, a platform to meet great figures and be inspired!



Issue 2 would not be possible without the collaboration of all board of directors and the editorial team including Emily Wu and Sunny Chan, advised by 2001 President Senator Joanne Li. This year, we went extra mile by holding the first interactive Publication Workshop sharing latest branding, presentation and mailchimp skills on 11 October.

Thinking about being part of the editorial team and interview social figures such as TOYP Awardees, innovative entrepreneurs or leaders? Contact us at publication@hkjtt.org.

#### NOVEMBER

14<sup>th</sup>

**Care & Dare Courtesy Visit II** 



3<sup>rd</sup>-8<sup>th</sup>

**World Congress, Kanazawa** 



**21**<sup>st</sup>

**Jayceettes SMC 10th Anniversary** 



DECEMBER

19<sup>th</sup>

25<sub>Miles</sub>

**2015 Awards Presentation Ceremony** 

# Upcoming Events

#### **Prospective Membership Application Form**

Name (E)*					
Name (C)					
Email*					
Contact No*					
Occupation					
Λαο*	☐ 18 <sub>-25</sub>	□ 26-35	□ 36-40		

Age\* \_\_\_\_\_18-25 \_\_\_\_26-35 \_\_\_\_36-4

\*Required field

Want to be our member?

Join Us Now!



#### Note:

- Your personal data will be kept strictly confidential.
- We shall use your personal data for issuing receipts, fostering communications, raising funds and conducting surveys for JCI Hong Kong Jayceettes.
   We may furnish your data on a strictly confidential basis to Junior Chamber International and its affiliated organization who provide service to us in relation thereto.
- Please mail the completed form to JCI Hong Kong Jayceettes at 21/F, Seaview Commercial Building, 21-24 Connaught Road West, Sheung Wan or email us at info@hkjtt.org